HOMELAND SECURITY INVESTIGATIONS



# CITIZENS ACADEMY Established 2013 HONOR | SERVICE | INTEGRITY

### Performance Objectives

 Provide basic firearms marksmanship, weapon knowledge, and weapon safety to a beginner pistol/rifle shooter. Understand the Cardinal Rules of Firearms Safety and, Know the required basic safety equipment.

### Cardinal Rules of Firearms Safety

1. Treat all firearms as if they were loaded. Always keep the firearm pointed in a safe direction. Keep your finger along the side of the frame, off the trigger, out of the weapons trigger guard, until the weapon's sights are on the target and you have made the decision to fire. Always be certain of you target, your backstop and what is beyond.

### Treat all firearms as if they were loaded

This means that anytime the you pick up or are presented a firearm, you should: Open the action to visually and physically inspect the chamber (the place where the cartridges go in the barrel) and the magazine well. Look away and then check it again. If the firearm leaves your hands, repeat this procedure.

# Always keep the firearm pointed in a safe direction

 Safe means that the muzzle/barrel is pointed in a direction that does not ever point at yourself or another person. On the range this is generally toward the target area unless a person is going down range. If a person is going down range use the position of "Sul" or holster the weapon.

### Keep your finger OFF of the trigger



### Why?



# Always be certain of your target, your backstop and what is beyond

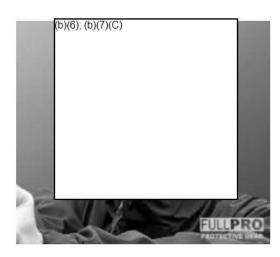


### Why?

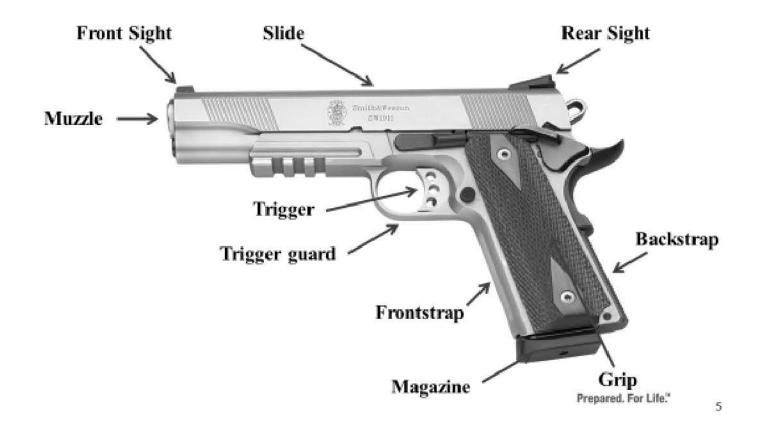


### Eye and Ear Protection

 Always wear eye and ear protectionA brimmed hat stops hot brassOpen collars allow hot brass to burnIf hot brass falls in a place it should not, keep the gun pointed down range and yell out. Stay in place. An instructor will assist you.



#### Pistol Parts...Semi-Automatic



### Automation of a Weapon System

### Demonstrate Pistol Operation Instructor demonstration only

- Loading
- Cocking
- Firing "Dry-fire only"
- Unloading

During Live-fire on the range, your instructor will load and unload the pistol for you.

### **Shooting Fundamentals**

**Determining the Dominant Eye** 





- > Extend arms forward and form opening between the hands
- With both eyes open, look at a distant object through opening
- Bring hands to face while looking at object Opening will be aligned with the dominant eye

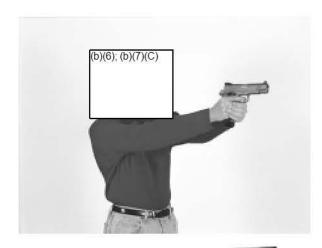
#### **Shooting Fundamentals**

The Fundamentals

- 1. AIMING (sight alignment & sight picture)
  - 2. BREATH CONTROL
    - 3. HOLD CONTROL
      - 4. TRIGGER CONTROL
        - 5. FOLLOW-THROUGH

#### **Shooting Fundamentals**

GRIP – important factor of hold control!





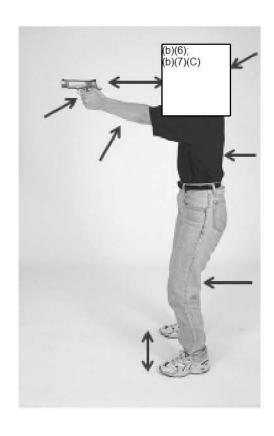
- > "V" of the thumb and index finger high on the backstrap.
- ➤ Once the pressure is applied at the "V", let the lower 3 fingers wrap naturally around the grip. This isolates the trigger finger from the grip.
- > Thumbs on the same side of the pistol.

### Guns have moving parts

 Keep you hands away from the moving slide. The slide moves to the rear at a rapid pace.



### **Two-Handed Standing Position**



- Head erect
- Pistol brought to eye level
- Pistol held with proper grip
- Weight slightly forward
- · Arms fully extended
- Back straight or leaning slightly forward
- Knees slightly bent
- Feet shoulder width apart
- Shooter is relaxed and comfortable

### **Shooting Fundamentals**

Sight Alignment

SIGHT ALIGNMENT refers to the proper relationship of the pistol's front and rear sights.

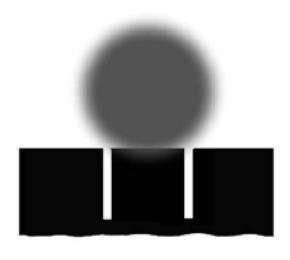


#### With Post-and-Notch sights:

- The tops of the front and rear sights are even
- The front post is centered in the rear notch

### Shooting Fundamentals Sight Picture





Focus is on the...

front sight

#### **Shooting Fundamentals**

**Breath Control** 

Body movement while breathing can produce gun movement that impairs shooting.

Stop breathing momentarily while firing the shot! (Respiratory pause)

### Shooting Fundamentals Hold Control

Body movement affects the shot.

- ➤ Hold your body still.
- ➤ Hold control allows you to maintain the proper sight picture and sight alignment during the process of firing the shot.

#### **Shooting Fundamentals**

**Trigger Control** 

- Trigger is squeezed straight to the rear in a smooth, continuous manner without disturbing the sight alignment.
- Gradually and evenly increasing pressure until the mechanism releases.

SURPRISE yourself when the gun shoots.

#### **Shooting Fundamentals**

Follow-Through

#### In Pistol Shooting:

Follow-through means to maintain aiming (perfect sight alignment and acceptable sight picture), breath control, hold control, and trigger control until the gun settles back into the aiming area after firing.

#### Shooting Fundamentals

The Fundamentals... A Review

- "Maintaining perfect sight alignment and acceptable sight picture." – AIMING
- 2. "Stop breathing." BREATH CONTROL
- 3. "Holding still." HOLD CONTROL
- 4. "Moving only your trigger finger." TRIGGER CONTROL
- "To maintain position, and continue aiming, breath control, hold control, and trigger control until the gun settles back into the aiming area after the shot is fired." – FOLLOW-THROUGH

## Most Important Fundamentals!

The TWO most IMPORTANT shooting fundamentals are......

"Maintaining sight alignment" AIMING

"Moving only the trigger finger"

TRIGGER CONTROL

### Range Safety Briefing Range layout

Ready Area

Firing Line

Target Area

**Back Stop** 

### Loading

Firearms will only be loaded on the firing line when given the command to load by an instructor.

### If something is not right.....

 If ANYTHING does not feel right.STOP what you are doing.Take your finger OFF the trigger.Keep the firearm pointed DOWN RANGE.Call for an Instructor to assist.

### **Dropped Items**

Do not bend over to pick up any dropped items until told to do so by an instructor.